



# 15 Pack Kettle Corn Microwave

<b>Nutrition Facts</b>			
Serving Size 2 Tbsp (about 28g) Unpopped, (About 5 cups Popped)			
Servings Per Bag about 2.5    Servings Per Box about 38			
Amount Per Serving		2 Tbsp Unpopped	1 Cup Popped
<b>Calories</b>		110	20
Calories from Fat		35	5
% Daily Value**			
<b>Total Fat</b>	4 g*	6%	1%
Saturated Fat	0.5 g	3%	0%
<i>Trans Fat</i> 0 g			
<b>Cholesterol</b>	0 mg	0%	0%
<b>Sodium</b>	170 mg	7%	1%
<b>Total Carbohydrate</b>	17 g	6%	1%
Dietary Fiber	3 g	12%	2%
Sugars 0 g			
<b>Protein</b>	2 g		
<b>Iron</b>		4%	0%
Not a significant source of vitamin A, vitamin C, and calcium.			
*Amount in unpopped. As popped 1 cup provides 0.5 g total fat, 0 g saturated fat, 0 g <i>trans</i> fat, 30 mg sodium, 3 g total carbohydrate, less than 1 g of dietary fiber, 0 g protein.			
**Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
		2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400 mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: Whole Grain Popcorn, Canola Oil, Corn Oil, Hydrogenated Cottonseed Oil\*, Salt, Sucralose, Freshness Preserved with TBHQ and Citric Acid. \*Contributes a trivial amount of trans fat.

Contains Soy Ingredients.  
Manufactured in a facility that handles milk ingredients.