



23 oz Gourmet Caramel Corn with Almonds, Pecans & Cashews

Nutrition Facts	
Serving Size ½ cup (about 30g)	
Servings Per Container about 22	
Amount Per Serving	
Calories 110	Calories from Fat 25
% Daily Value**	
Total Fat 3g	5%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 140mg	6%
Total Carbohydrate 21g	7%
Dietary Fiber 1g	4%
Sugars 21g	
Protein 1g	
Iron	4%
Not a significant source of Vitamin A, Vitamin C and Calcium.	
**Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

Ingredients: Sugar, Corn Syrup, Popcorn, Dextrose, Roasted Almonds (almonds, cottonseed oil), Molasses, Roasted Pecans (pecans, cottonseed oil), Roasted Cashews (cashews, cottonseed oil), Butter (Cream, Salt), Soybean Oil, Salt, Soya Lecithin (an emulsifier), Sodium Bicarbonate.

Contains soy, milk and tree nuts.

Manufactured in a facility that handles peanuts.