



Savory & Sweet 3-Way Tin

22 oz Chocolatey Caramel Crunch

Nutrition Facts	
Serving Size 1/2 cup (about 31g)	
Servings Per Container about 20	
Amount Per Serving	
Calories 140	Calories from Fat 50
% Daily Value*	
Total Fat 5g	8%
Saturated Fat 4g	20%
<i>Trans Fat</i> 0g	
Cholesterol 0mg	1%
Sodium 80mg	3%
Total Carbohydrate 24g	8%
Dietary Fiber Less than 1g	3%
Sugars 16g	
Protein 1g	
Calcium 2%	•
Iron 2%	
Not a significant source of Vitamin A and Vitamin C.	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

Ingredients:

Sugar, Partially Hydrogenated Vegetable Oils (palm kernel, palm), Corn Syrup, Gourmet Popcorn, Cocoa Powder (processed with alkali), Nonfat Dry Milk, Whey Powder, Molasses, Soya Lecithin (an emulsifier), Salt, and Vanillin (an artificial flavoring).

Contains soy and milk ingredients.

Manufactured in a facility that handles peanuts and tree nuts.



Savory & Sweet 3-Way Tin

21 oz Gourmet Caramel Corn with Almonds, Pecans & Cashews

Nutrition Facts	
Serving Size ½ cup (about 30g)	
Servings Per Container about 20	
Amount Per Serving	
Calories 110	Calories from Fat 25
% Daily Value**	
Total Fat 3g	5%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 140mg	6%
Total Carbohydrate 21g	7%
Dietary Fiber 1g	4%
Sugars 21g	
Protein 1g	
Iron	4%
Not a significant source of Vitamin A, Vitamin C and Calcium.	
**Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

Ingredients: Sugar, Corn Syrup, Popcorn, Dextrose, Roasted Almonds (almonds, cottonseed oil), Molasses, Roasted Pecans (pecans, cottonseed oil), Roasted Cashews (cashews, cottonseed oil), Butter (Cream, Salt), Soybean Oil, Salt, Soya Lecithin (an emulsifier), Sodium Bicarbonate.

Contains soy, milk and tree nuts.

Manufactured in a facility that handles peanuts.



Savory & Sweet 3-Way Tin

7 oz Gourmet Cheddar Cheese Corn

Nutrition Facts			
Serving Size 2 1/3 cups (about 32g)			
Servings Per Container about 6			
Amount Per Serving			
Calories	180	Calories from Fat	110
% Daily Value*			
Total Fat	13g		20%
Saturated Fat	11g		55%
Trans Fat	0g		
Cholesterol	5mg		2%
Sodium	380mg		16%
Total Carbohydrate	12g		4%
Dietary Fiber	3g		12%
Protein	4g		
Calcium	8%	•	Iron 2%
Not a significant source of sugars, Vitamin A and Vitamin C.			
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat 9 • Carbohydrate 4 • Protein 4			

Ingredients:

Popcorn, Coconut Oil, Cheddar Cheese (milk, salt, cheese cultures, enzymes), Whey, Buttermilk, Maltodextrin, Salt, Disodium Phosphate, Lactic Acid, Artificial Color (including Yellow 5, Yellow 6).

Contains milk ingredients.

Manufactured in a facility that handles soy, peanuts and tree nuts.