



20 oz Trail's End Mix

Nutrition Facts			
Serving Size ¼ cup (30g)			
Servings Per Bag about 19			
Amount Per Serving			
Calories	150	Calories from Fat 90	
% Daily Value*			
Total Fat	10 g	15%	
Saturated Fat	2 g	10%	
Trans Fat	0 g		
Cholesterol	0 mg	0%	
Sodium	90 mg	4%	
Total Carbohydrate	12 g	4%	
Dietary Fiber	2 g	8%	
Sugars	8 g		
Protein	5 g		
Iron		4%	
Not a significant source of vitamin A, vitamin C, and calcium.			
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram: Fat 9 Carbohydrate 4 Protein 4			

Ingredient Statement: Peanuts, Dried Cranberries (Cranberries, Sugar, Sunflower Oil), Raisins, M&M™, Milk Chocolate Candies (Milk, Chocolate [Sugar, Chocolate, Cocoa Butter, Skim Milk, Milkfat, Lactose, Soy Lecithin, Salt, Artificial Flavors], Sugar, Cornstarch, Less than 1%-Corn Syrup, Gum Acacia, Coloring [Includes Red 40 Lake, Yellow 6, Yellow 5, Blue 2 Lake, Red 40, Blue 1 Lake, Blue 1, Blue 2, Yellow 5 Lake, Yellow 6 Lake], Dextrin), Almonds, Cashews, Peanut Oil and/or Soybean Oil, Salt.

Contains: Peanuts, Cashews, Almonds, Milk, Soy.

May Contain: Other tree nuts.